

# DALE BROWN, Ph.D.

## Founder & Executive Director *Men's Divorce Recovery*



### THE SHORT STORY

A longtime pastor, speaker and teacher, mentor and coach, Dale has been a community leader for over 30 years. After officiating at hundreds of weddings and counseling countless couples through marriage difficulties, Dale found himself divorced.

Determined to continue serving hurting and wounded people, he started *Men's Divorce Recovery*.

Knowing the stakes are high, Dale is determined to make a difference in men's lives as they face recovery and rebuilding from the trauma and losses of divorce.

Dale has pastored six churches in Texas and New England, traveled and taught overseas and led Men's Retreats and Conferences. He has taught in numerous prisons and been a chaplain in the hospice, hospital and first responder settings.

He holds a B.S. from the University of Texas and the M.Div. and Ph.D. degrees from Southwestern Baptist Theological Seminary. Learn more at [www.mensdivorcerecovery.org](http://www.mensdivorcerecovery.org).

### EXPERT ON:

- Walking men through the initial shock and trauma of divorce.
- Normalizing men's pain within the context of the spiritual journeys of men.
- Helping men build resiliency.
- Coaching men to healing and recovery.
- Helping men discover patterns that sabotage relationships.
- Coaching men in new relationships.

Founded by Pastor Dale Brown,  
*Men's Divorce Recovery* is a ministry which exists to  
**Empower Divorced Men through**  
**Support, Knowledge & Encouragement**  
to **Survive & Thrive Beyond their Divorce**  
to Become  
**Resilient, Strong & Wise Men in Their World.**



**Men's Divorce Recovery**

*Survive & Thrive*

## THE WHOLE STORY

When a freshman at the University of Texas, Dale was called to pastor a small church West of Austin, Texas. So began a lifetime of commitment to helping others touching hundreds of people spanning three continents.

After UT, Dale enrolled in Southwestern Baptist Theological Seminary, pastoring two small country churches while earning his M.Div. and Ph.D. degrees.

Dale and his family then traveled to Tanzania, East Africa, to teach seminary-level classes to students from seven countries. An unknown illness struck his 7-year-old daughter, forcing a medical evacuation from Nairobi to Johannesburg, South Africa, where a team of doctors saved his daughter's life.

Returning to Austin to pastor Crestview Baptist Church, Dale and his staff employed Saddleback Church's The Purpose Driven Church in an attempt to revitalize a dying church.

Next came 13 years in New England where Dale pastored a vibrant church of 500.

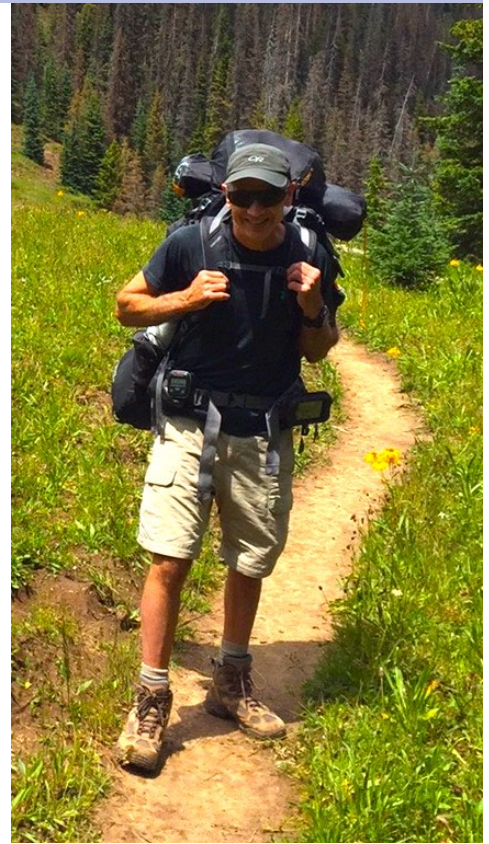
In his 13 years as Lead Pastor at West Church, Dale:

- Led in Men's Ministry by serving on the Men's Ministry Leadership Team, leading several ongoing Bible studies for men and speaking at several Men's Retreats and local men's events.

- Established life groups ministering through triads, quads, and groups of 8 to 12.
- Established and sustained an active Stephen Ministry, along with ongoing groups for Divorce Recovery, GriefShare and Celebrate Recovery.
- Helped veterans in the church form a Ministry Team to reach combat veterans in the community.
- Led in the successful implementation of a capital fundraising campaign, raising over \$750,000.
- Expanded the mission education, giving and involvement of the church, particularly overseas in Central America and East Africa.
- Led in three special emphases: "Faith & Politics," "Faith & Science," and "Faith & Art."

Every week more than 15,000 divorces take place plunging more than 30,000 people into a black hole of pain, confusion and hurt. Though never expecting himself to be one of these men, Dale experienced divorce after 32 years of marriage.

Determined to GET UP rather to give up, Dale started *Men's Divorce Recovery* to rescue men devastated by divorce.



Dale is passionate about helping men become the best they can be and to have a second half of life better than their first half. Through his writing, speaking, coaching and leadership, Dale is helping men and the people they influence become influencers for the good.

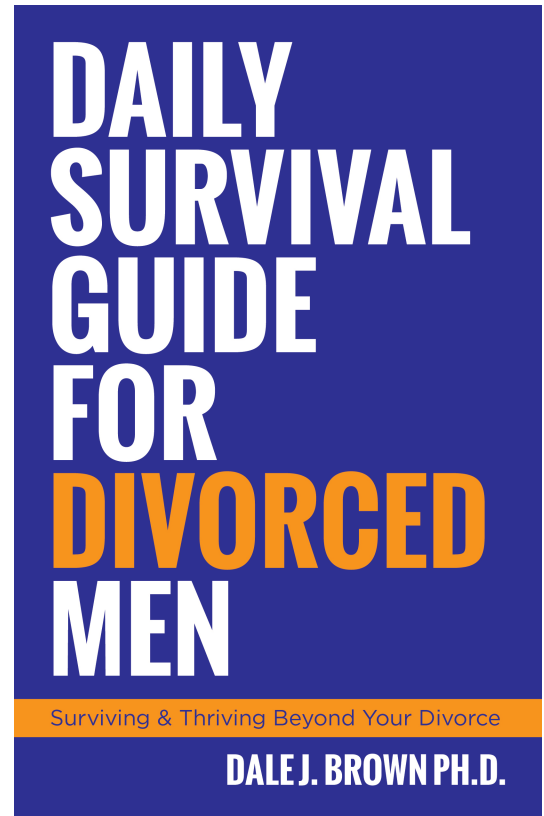
Dale wants to see men make a lasting impact on the world and finish well. Dale is dad to Lindsey, Davis and Aaron.

Dale enjoys hiking, hunting, backpacking, guitar, swing and two-step.

Dale's new book, *The Daily Survival Guide for Divorced Men*, is a 180-day devotional guide packed with wisdom, encouragement, practical advice and effective coping strategies for men hurting from divorce. Combining the wisdom of 35 years of pastoral ministry with wit, humor and a few personal stories, Dale takes his readers from the pit of despair to a place of hope and healing.

Topics include

- *Fail forward, But Not Flat on Your Face*
- *Regaining Your Courage, Health, etc.*
- *The Spiritual Journeys of Men*
- *Accepted by God*
- *How Thinking Works*
- *Understanding Your Emotions*
- *Understanding Your Soul*
- *Understanding Relationships*
- *God Can Repair the Damage Done to You*
- *God Can Forgive the Damage You Have Done to Others*
- *The Spiritual Disciplines (Habits of the Heart)*



Eighty percent of these divorces are filed by the wife, leaving many men lost in shock, guilt, regret and grief. *The Daily Survival Guide for Divorced Men* addresses the unique needs of these men.

A man's pain is experienced and expressed in unique ways. *The Daily Survival Guide for Divorced Men* takes men's unique journeys into account, offering a balance of empathy, understanding, encouragement, inspiration and aspiration to move forward.

*The Daily Survival Guide for Divorced Men* will be followed in May 2018 by a new book, *Quick Start Guide for Divorced Men*, a book to give a man in the immediate aftermath of finding out his wife is divorcing him.

Dale Brown is a man with a Pastor's heart. He has a passion for helping other men who have experienced divorce as he has, yet, without the kind of help that he gives in this book. Dale is a man worth listening to and the book is worth the read. Help yourself. Let Dale help you. Let God help you with this meaningful tool.

~ Dr. Ken Baldwin, Associate Pastor, Real Life, Austin, Texas

We are so blessed to have had Dale in our lives and to this day, even though he has moved halfway across the country, we still consider him to be our Pastor and friend. Dale has always made himself available to us encouraging us during times of hardship. Every time Dale preached we took it with us throughout the week. He welcomed our questions as we searched scripture. Dale is very approachable! He never puts himself on a pedestal and openly acknowledges his shortcomings. Dale Brown is a true Christian Leader who 'walks the talk'!

We are so very blessed to have had Dale in our lives.

~ Anna and Barrett Bacal

## **MEN'S DIVORCE RECOVERY OFFERS MULTIPLE PATHWAYS TO HEALING & RECOVERY:**

### **ON-DEMAND RESOURCES INCLUDE:**

- WEBSITE: [WWW.MENSDIVORCERECOVERY.ORG](http://WWW.MENSDIVORCERECOVERY.ORG)
- A DAILY DEVOTIONAL BOOK: *DAILY SURVIVAL GUIDE FOR DIVORCED MEN: SURVIVING & THRIVING BEYOND YOUR DIVORCE*
- A NEWSLETTER AND BLOG GIVE INSIGHTFUL AND CONSISTENT SUPPORT TO MEN.
- VIDEOS AND AUDIO PODCASTS ON SPECIFIC TOPICS RELATED TO DIVORCE AND RECOVERY, ACCESSIBLE THROUGH THE WEBSITE.
- ACCESS TO CRISIS COUNSELING AND LIFE COACHING.

### **MDR EVENTS INCLUDE:**

- WEEKEND CONFERENCES
- ANNUAL WEEKEND RETREATS
- ANNUAL CHALLENGING EXTENDED EXPEDITIONS (BACKPACKING, KAYAKING, HUNTING, FISHING)
- 6-WEEK RECOVERY GROUPS INCLUDING S-GROUPS (SURVIVE GROUPS) FOR MEN IN THE IMMEDIATE CRISIS OF DIVORCE AND T-GROUPS (THRIVE GROUPS) FOR MEN READY TO TAKE THE NEXT STEP WITH GOD.

## **CONFERENCE/SPEAKING TOPICS FOR MEN'S EVENTS, CHURCH EVENTS, SUNDAY PREACHING/TEACHING:**

- Surviving & Thriving Beyond Divorce
- Pain and What to Do with It
- Fail Forward... But Not Flat on Your Face!
- Fathered by God
- Spiritual Journeys of Men
- Spiritual Disciplines for the 21st Century
- Accepted by God
- Understanding Relationships
- God Can Repair the Damage Done to You
- God Can Forgive the Damage You Have Done to Others
- Wrestling with God
- Getting to the Win
- How Alpha Males Can Help One Another Instead of Tearing Apart One Another
- Biblical Perspectives on "Manning Up"
- Male Initiation and Implications for 21st Century Youth
- Why You Might Feel Lost: The Lost Art of Initiation
- Compassionate Warriors
- The Male in the 21st Century

## **Testimonials**

I met Pastor Dale Brown in 2006 when I first walked into West Church seeking relief from emotional pain caused by earlier personal crises. Dale engaged me soulfully and helped me to feel comfortable. I soon gave testimony to several church members as to my personal life and walk without Christ.

Pastor Brown engaged me in discipleship meetings that were intellectually rewarding, emotionally comforting and soulfully deep. We became fellow travelers on the walk with Jesus Christ. I am impressed with Pastor Brown's intellectual ability. I walked between the conflict that Pastor Brown experienced at West church being a vocal mediator and supporter of Pastor Brown. My profession allows me through Gods' grace to help people suffering emotional turmoil and problems in living. Pastor Brown help me to understand and use the teachings of Jesus Christ as my foundational platform to work with as I minister to my patents.

*Kenneth R. LaCerte*

*M.Ed., LMHC LMFT LCSW*

No spiritual guide or mentor has, in such a profound way, done more to lead this humble sinner to Christ than Dale Brown. Seventeen years ago, still in an emotionally fragile recovery from my wife's suicide, I joined a new church. A year later Dale's arrival as lead pastor was a miraculous response to my prayers.

In his time with us I personally witnessed and experienced his relentless, loving and caring stewardship over his flock.

At times of crisis Dale always made prodigious amounts of time for providing comfort, consolation, and Godly ministry to the hurting in their times of need.

*Richard Collins*

***For more information on resources and events, go to***

***[MensDivorceRecovery.org](http://MensDivorceRecovery.org)***

***or Email or Call Dale: [DaleBrown3@me.com](mailto:DaleBrown3@me.com)  
978.204.0480***